

The Secret Spiritual Laws of Nature



I began to develop these Secret Spiritual Laws of Nature when I first started my private practice in counseling and therapy. In a very short period of time I had a six-month waiting list, and I give the great majority of the credit for that to these Secret Spiritual Laws of Nature. They can create an instant “aha” that changes a person’s perspective and attitude, and because of that, a lot of other things that people are working on will also change. I mainly realized these through prayer. I consider them a gift.

3 ELEMENTS FOR ACHIEVING MAJOR CHANGE

I see three common elements when I look at world-changing success. These same elements that have changed countries and started great movements will change the issues of your life as well, wherever you are and whatever you are dealing with.

Element #1: I’m all in.

Winston Churchill, in one of the most famous speeches ever given, walked up to the podium, put down his cane, put down his hat, and said, “Never give up. Never give up. Never give up.” It is almost impossible to defeat someone who will never quit. Whether you are going up against someone in sports or business or arm wrestling or tiddly winks, if you never quit and just keep at it, you will be almost impossible to beat. You’re going to get better and better and better, too. Element #1 is about being 100% committed to your cause or your goal.

Element #2: I will hold nothing back.

It is possible to keep going and never give up while still holding something back. That is not part of a world-changing formula! You can’t enter into something with the mental reservation that you can stick your toe in and then see what everybody else does. You can’t say, “I’m going to give it a chance and see if I like the initial results.” You have to say, “I’m all in AND I’m going to give it everything I’ve got.” Your time, your attention, your effort, your creativity – you have to give your all.

Element #3: There is no expiration date.

I’ll use marriage as an example of this element. If I want to make my marriage work, I can’t say, “I’m going to see how it goes with my wife for a year or two, and if it goes well that’s great and we’ll stay together. But if it doesn’t, then I’m going to say this isn’t working for me.” This is not how life-changing successful relationships are formed. There must be no expiration date. Let’s say I’m going to have an important conversation

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with my wife about a decision that means a lot to me. If she doesn't respond the way I want her to, I can't say, "Look, she did it again. That's it. I'm out of here." No. That's an expiration date. That's not "all in". That's not "nothing held back." You are holding depending on how she is going to respond. If I want my marriage to work, I need to commit 100% to working through the rough spots and disagreements. This applies to friendship and other long term relationships, too.

We can see these elements in the actions of people who have changed the world. Jesus knew they were going to kill him if he didn't stop teaching what he was teaching and doing what he was doing. It is obvious that Jesus did not want to die. The night he was arrested he was praying to God and to ask if there was another way to fulfill his plan. He didn't want to die ... but he was totally committed. No expiration date. Nothing held back. He wasn't looking to see how the political winds blew. He wasn't looking to see what others were going to do. In spite of not wanting to die, Jesus walked to his cross when he did not have to go. He believed in what he was doing. He was all in, nothing held back, no expiration date.

Abraham Lincoln, President of the United States during the Civil War, was unbelievably unpopular at various times during his presidency. But he was committed to doing what was right regarding slavery and to keeping the states united regardless of the personal cost. He was all in, nothing held back, no expiration date.

Gandhi, who almost single-handedly liberated India from Britain, did it without guns. He did it with what he called "peaceful non-cooperation." He was respectful to the British leaders. He and his followers did not fight. They walked right in to sure beatings. They walked into situations where they suspected that many of them would be killed. It was the same for Martin Luther King. He and his followers walked right into beatings and worse for standing up and trying to change a something that wasn't right. They were all in, nothing held back, no expiration date.

These are three common elements you can find in every great change, every great movement, every great success in history: I'm all in. There's nothing held back. There's no expiration date.

If that's true, then they can become a blueprint you can overlay onto your life. Apply these elements to your business or your career, your interactions with fellow employees, bosses, customers ... "I'm all in. Nothing held back and no expiration date. I'm going to apply that in this next call with a customer. I'm going to apply that to my next

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interaction with my boss. I'm going to apply that in every situation in the work I do each day.

It takes courage to do this, and courage comes from love. You may need to heal some heart issues before you are ready to apply this blueprint. If you do it and if you keep doing it, it will first of all change you and then it will change whoever you are around as you interact in this way toward them and with the things they are involved with.

Apply it to parenting. With my children I'm all in, nothing held back, with no expiration date. That means I'm going to spend some time with them. I'm going to find out what it is they need. I've got to evaluate whether I might be getting angry with them because of my own heart junk and not because of them. Are you approaching your children from a place of truth and love that encourages them, builds them up, and causes them to become mature and loving human beings? They can tell when you're coming from a genuine place of love and commitment to their growth and wellbeing.

Overlay this blueprint onto any and every area of your life and it will change it. You will be amazed how quickly this can transform any area of your life. One more time: I'm all in. There's nothing held back. There's no expiration date. Just try it and see what happens.